



## Rock Climbing Transition from Gym to Crag

**Date & Time:** Tuesday, October 31, **TIME TBD**

**Location:** **TBD**

### **Description:**

The Transition from Gym to Crag course will be a day-long course consisting of technical, hands-on climbing skillset development, as well as analytical discussion about topics that will benefit climbers who want to spend more time climbing outdoors. Climbers should have at least one year of climbing experience in a gym environment and bring their own UIAA/CE harness, shoes, and belay device. The course will take place in a climbing gym local to the AORE conference in Roanoke, VA. A mentor certified by the Professional Climbing Guides Institute (PCGI) will discuss common knowledge and skills that will assist climbers in their transition to outdoor environments. Topics covered will include climbing ethics, environmental impacts, climbing gear overview and inspection, safety considerations when climbing outdoors, knots and hitches, and basic techniques relevant to outdoor climbing. Students will engage in discussion and practice techniques learned during the course. Please visit our website: [Climbingguidesinstitute.org](http://Climbingguidesinstitute.org).

**Pre-Requisites:** Students should have been gym climbing for at least one year and bring their own climbing shoes, harness, and belay device.

**Cost:** \$190

**Organization:** Professional Climbing Guides Institute

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