



AORE 2009 Pre- and Post-Conference Workshops

Pre-Conference Workshops		
Workshop Title & Date	Date & Time	Attendee Price
PCIA Outdoor Climbing Instructor Course Series	November 3 8:00am-5:00pm	\$420 (Base Managed Course)
PCIA Outdoor Climbing Instructor Exam	November 4 8:00am-5:00pm	\$120
AMGA Climbing Wall Instructor's Course	November 2-4 11/2: 5:00pm - TBD 11/3: 9:00am - 5:00pm 11/4: 9:00am - 5:00pm	\$350
NOLS Risk Management Training	November 3-4 8:00am - 5:00pm	\$595
Effective Outdoor Program Design & Management	November 3-4 8:00am - 5:30pm	\$290
Northwest Canoe Paddle Making Workshop	November 4 8:30 am – 4:30pm	\$125
Outdoor Orientation Program Symposium (OOPS)	November 4 8:00am - 5:00pm	\$115
University of Minnesota Facilities Tour	November 4 12:00pm-4:00pm	\$10
Video-Podcasting in Outdoor Recreation/ Education	November 4 8:30am – 4:30pm	\$59

Post-Conference Workshops		
Workshop Title & Date	Date & Time	Attendee Price
AMGA Climbing Wall Instructor Provider's Course	November 8-9 9:00am-5:00pm	\$200
WFR Recertification Course (SOLO)	November 8-9 11/8: 8:30am-9:00pm 11/9: 8:30am-12:00pm	\$150
PCIA Outdoor Climbing Instructor Course Provider Training	November 8-9 8:30am – 6:00pm	\$400

Pre- and Post-Conference Workshop Descriptions

Pre-Conference Workshops

PCIA Outdoor Climbing Instructor Course Series and Exam

Date: November 1st – 4th from 8:30am – 6:00pm

Cost: \$420.00 (Based Managed Course)

\$120.00 (exam)

The BMCI course provides an in depth and standardized understanding of the skills essential to teaching base managed climbing. The course reinforces the importance of teaching technically accurate information and debunks many common climbing myths. The emphasis is on refining core skills and improving educational delivery of material. This thirty hour (3 day) course builds upon the existing skills of competent recreational climbers taking an in depth look at site selection, equipment, knot selection, anchor construction, rope systems, Leave No Trace practices, rescue and assistance skills as well as key instructional skills. Most importantly the course stresses blending these skills together to form a seamless and efficient educational climbing experience for participants.

PCIA Base Managed Course Pre-requisites:

- Candidate must be at least age 18.
- Candidate must show an adequate experience level illustrating that they are ready for the course. Examples include regular climbing for 2 – 3 years, or a high intensity of climbing in the past few months, etc.
- Candidates should be active climbers who are capable of belaying, rappelling and placing anchors proficiently.
- Candidate possesses the personal equipment necessary for the course.
- Candidate is capable of comfortably climbing 5.8 terrain while on a top rope.

NOTE: This activity will take place at Taylor Falls State Park. Come prepared for ALL weather conditions. Participants are responsible for their own transportation.

AMGA Climbing Wall Instructor's Course

Date: November 2nd- 4th,

Nov 2: 5:00pm - TBD; Nov 3 and 4: 9:00am-5:00pm

Cost: \$350 (includes AMGA membership)

The Climbing Wall Instructor (CWI) has been developed by the American Mountain Guides Association in accordance with international (UIAA) standards for indoor climbing courses. UIAA endorsement pending and expected prior to fall 2009. It is geared towards instructors and staff of artificial climbing walls, and focuses on providing the basic skills required to manage an instructional group at a climbing facility. The course is held over 2.5 days – an evening followed by two full days.

Students Learn:

- Client orientation and instruction
- Teaching general climbing skills and movement
- Teaching top-roping and lead belaying techniques
- Equipment and facility use
- Rescue and emergency procedures

Course Prerequisites for Certification:

1. The candidate will be at least 18 years of age by the conclusion of the course.
2. The candidate provided evidence of current first aid and CPR certification.
3. The candidate has at least one year documented personal climbing experience (20 outings climbing indoors and/or outdoors).
4. The candidate has appropriate equipment in good condition.
5. Movement:

The candidate can demonstrate basic climbing movement skills, climbing 5.9 on top rope and leading 5.8 on artificial bolt protected climbing walls (lead prerequisite optional, only if seeking lead endorsement.)

NOLS Risk Management Training

Date: November 3rd – 4th from 8:00am - 5:00pm

Cost: \$595 per person

Whether your program is small or large, wilderness based or study abroad, you have a responsibility to your staff and participants to invest in risk management planning. Building a comprehensive risk management plan can feel daunting. This seminar will provide a structured approach and the tools to

build a risk management plan appropriate for your organization. We will share our experience managing risk in wilderness environments around the world. The NOLS Risk Management Training is designed for outdoor and adventure program administrators. Throughout the training you will participate in exercises to help you evaluate and build a risk management plan for your organization.

Effective Outdoor Program Design & Management

Date: November 3rd-4th from 8:00 am - 5:30 pm (one hour lunch break)

Cost \$290.00

The Course will examine the complex relationships surrounding outdoor program design & management from both the field instructor and program administration perspectives using PowerPoint, interactive whiteboard lecture, video and small group activities. The workshop is guaranteed to have a positive impact on how participants administer and deliver their programs and courses. Best suited for program administrators, program directors, staff trainers, senior field staff, freshman orientation program staff, and graduate assistants with field experience.

NOTE: Tuition includes Effective Outdoor Program Design & Management (text) and our water-proof, tear-proof Site Management Handbook (field handbook).

Northwest Canoe Paddle Making Workshop

November 4th, 8:30 am – 4:30pm

Cost*: \$125 AORE Member

*Includes paddle blank

Participants shape a traditional straight shaft canoe paddle using simple hand tools. NorthWest Canoe provides pre-laminated paddle blanks. If you can carve a marshmallow stick and operate a quarter sheet of sand paper you can handcraft a traditional canoe paddle. This pre-conference workshop offers a touch of history, woodshop lore, and a bit of wisdom regarding the three B's of paddling... how blade, body, and boat work in unison.

Outdoor Orientation Program Symposium (OOPS)

Date: November 4th from 8:00am - 5:00pm

Cost: \$115.00

The Outdoor Orientation Program Symposium brings together professions, students, administrators, etc. in higher education who are currently running or involved in outdoor orientation programs or are interested in starting such programs at their institution. The conference is split between large group discussions, smaller specific workshops, keynotes and panel discussions. The pre-conference is meant to be a gathering for knowledge sharing and learning in the field of outdoor orientation programs. There is no prior skills/experience necessary - we hope to have a mix of seasoned outdoor orientation folks and those that are interested in starting programs.

Video-Podcasting in Outdoor Recreation/Education

Date: November 4th from 8:30am – 4:30pm

Cost: \$59.00

This hands-on workshop focuses on all the podcasting aspects including storyboard, video production, editing and publishing. The workshop is catered to those in the outdoor pursuits who are beginners in this technology but would like to implement video-podcasting solutions to deliver information, pre-trip orientations, trainings or just sharing your fun adventures.

Participants are encouraged to bring a portable computer to this workshop, but it is not required. An emphasis on the technology and equipment selection for video podcasting in an outdoor setting and the free software available will be covered.

Post-Conference Workshops

AMGA Climbing Wall Instructor Provider's Course

Date: November 8th – 9th, 9:00am-5:00pm

Cost: \$200.00

The Climbing Instructor Program is intended for individuals who facilitate climbing experiences, instruct climbing skills, and/or monitor climbing activities. 2 day, 16 hour course. Some lecture, but emphasis on group discussion of program and curricula. Second day primarily review of course flow and scenarios to help prospective Instructor Pool members be able to provide consistent feedback to students and agree to a consistent standard of examination. Participant pre-requisites: for full description, see www.amga.com. Essentially, participants need to have either CWI certification or AMGA SPI or higher certification and significant indoor climbing teaching experience.

WFR Recertification Course (SOLO)

November 8th - 9th

Nov 8: 8:30am-9:00pm; Nov 9: 8:30am-12:00pm

Cost: \$150.00

This two-day course is designed to recertify individuals who are currently certified Wilderness First Responders. This course is open to any certified WFR. SOLO currently has reciprocity with WMI/NOLS and WMA; graduates of these programs can be recertified through SOLO providing their certification is current at the time of the course. CPR Recertification is available for an additional fee. Proof of eligible WFR and CPR training must be provided to SOLO before renewal cards are issued.

PCIA Outdoor Climbing Instructor Course Provider Training

Date: November 8th -9th from 8:30am – 6:00pm

Cost*: \$400.00

Participants must be current PCIA members and be approved by the PCIA Education Committee prior to attending.

This course lays the foundation for becoming a PCIA Course provider for the Base Managed, Top Managed and Single Pitch Climbing Instructor courses. Upon successful completion of the provider training, instructor candidates usually start out observing and assisting lead instructors and take on

increasing responsibilities until they have fully transitioned to delivering courses on their own. Fully qualified providers are then able to instruct PCIA courses for or through their own institutions.

The climbing instructor plays a pivotal role in the experiences and skill development of recreational climbers. On one day the instructor may be facilitating a climbing experience for a group of ten year olds while on another day the instructor is providing a lesson on anchor construction to clients who want to start climbing on their own. In essence, they are helping people form lifelong habits.

The climbing instructor course provider and examiner plays an even more critical role in this chain. The PCIA believes that course providers be extremely well informed about climbing equipment and techniques, be superb technicians who are highly skilled in the management of clients in hazardous terrain, and be patient, caring educators who continually strive to better their own knowledge and delivery methods. The course provider is expected to provide state of the art education and to evaluate and decide about the readiness of instructor candidates to become certified instructors. The PCIA is highly selective in seeking the best of the best to become course providers. Selected individuals are expected to be active in PCIA educational development and personally interested in furthering the professionalism of climbing instructors.

- **Day 1:** overview of the curriculum standards, evaluation methodology, risk management, debriefing strategy and general expectations as well as a participant core skills review.
- **Day 2:** review examination process and mock exams. It may likely include observing assisting in the delivery Base Managed Climbing Instructor exam.